

NAME_____

RIVERVIEW HEALTHCARE
FALL/WINTER 2021 WEEK 4

ROOM NUMBER_____DATE RECEIVED_____

OCTOBER/NOVEMBER

SUNDAY 31	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY 6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE	CHOICE OF JUICE
OATMEAL CEREAL	MAYPO CEREAL	CREAM OF WHEAT	CREAM OF RICE	OATMEAL CEREAL	MAYPO CEREAL	CREAM OF WHEAT
OR COLD CEREAL	OR COLD CEREAL	OR COLD CEREAL	OR COLD CEREAL	OR COLD CEREAL	OR COLD CEREAL	OR COLD CEREAL
EGG PATTY	PANCAKES	SCRAMBLED EGG	FRENCH TOAST	CHEESE OMELET	BELGIUM WAFFLE with	SCRAMBLED EGG
WITH CHEESE	BACON	COFFEE CAKE	SAUSAGE PATTY	HOME FRIES	FRUIT TOPPING	HASH BROWN PATTY
ON A CROISSANT	MARGARINE/SYRUP	MARGARINE	MARGARINE/SYRUP	KETCHUP	MARGARINE/SYRUP	DANISH
COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
BEEF AND PASTA SOUP	PUMPKIN SOUP	CREAM OF MUSHROOM	31	PORTUGUESE KALE SOUP	MANHATTAN CLAM CHOWDER	TOMATO BISQUE
POT ROAST	MEAT LOAF	ROASTED PORK WITH	EGGPLANT	CORNE D BEEF	BAKED CRABCAKE	PIT HAM
WITH ONION GRAVY	WITH GRAVY	BARBEQUE SAUCE	PARMESAN	CABBAGE	LEMON & TARTAR SAUCE	WITH PINEAPPLE SAUCE
STEAMED POTATOES	SOUR CREAM POTATO	BAKED CORN BREAD	GARLIC BREAD STICKS	STEAMED POTATOES	RICE PILAF	SCALLOP POTATOES
WHOLE GREEN BEANS	MIXED BEANS	BRUSSEL SPROUTS	ITALIAN VEGETABLES	BABY CARROTS	SEASONED SPINACH	VEGETABLE MEDLEY
BLUEBERRY PIE	ASSORTED BROWNIES	TRIPLE BERRY CAKE	JELLO WITH TOPPING	APPLE CRISP	STRAWBERRY MOUSSE	RASPBERRY TRUFFLE COOKIE
COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK
ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
PENNE WITH SPINACH AND ALFREDO SAUCE	ITALIAN SAUSAGE WITH PEPPERS & ONIONS	BAKED FISH WITH LEMON SAUCE	ITALIAN CHICKEN BREAST	CHEESE RAVIOLI WITH MARINARA SAUCE	HAM STEAK WITH PINEAPPLE	OVEN BAKED CHICKEN KIEV
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
SLOPPY JOE	TURKEY	SMOKED HAM AND	EGG SALAD	SEAFOOD SALAD	MOZZARELLA CHEESE	CHILI
ON A BUN	SALAD PLATE	CHEESE SANDWICH WITH	ON A SLIDER ROLL	ON A ROLL	PIZZA	CORN BREAD
3 BEAN	DINNER ROLL	DIJONNAISE ON RYE	PASTA	CHILLED COLE	TOSSED CEASER	TOSSED SALAD
SALAD	MARGARINE	POTATO SALAD	SALAD	SLAW SALAD	SALAD	FRIES/KETCHUP
CONDIENTS	ORZO SALAD	LETTUCE, TOMATO & PICKLE	LETTUCE, TOMATO & PICKLE	LETTUCE, TOMATO & PICKLE	WITH DRESSING	CHOCOLATE COVERED
PINEAPPLE TIBITS	DICED PEARS	ICE CREAM BAR	FRUIT COCKTAIL	DICED PEACHES	TAPIOCA PUDDING	ECLAIRS
COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK	COFFEE-TEA-2 % MILK
ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
CHICKEN PATTY	LOADED BAKED POTATO	DRUNKEN PASTRAMI	BARBECUE	OVEN BAKED	VEGGIE BURGER	EGGPLANT SUB
SANDWICH WITH CHIPS	W/ BROCCOLI	ON A BULKIE ROLL	PORK PATTY SANDWICH	BROCCOLI AND CHEESE	WITH 1000 ISLAND DRESSING	WITH RED SAUCE AND
LETTUCE, TOMATO & PICKLE	CHEESE AND CHILI	WITH A PICKLE	LETTUCE, TOMATO & PICKLE	QUICHE	LETTUCE, TOMATO & PICKLE	PROVOLONE CHEESE
AVAILABLE NOURISHMENTS AND SNACKS ARE LISTED ON THE BACK OF THE MENU						