RIVERVIEW HEALTHCARE FALL/WINTER 2021 WEEK 2

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OCTOBER

| | OCTOBER | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|-----------------------|--|
| SUNDAY 17 | MONDAY 18 | TUESDAY 19 | WEDNESDAY 20 | THURSDAY 21 | FRIDAY 22 | SATURDAY 23 | |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | |
| CHOICE OF JUICE | CHOICE OF JUICE | |
| OATMEAL CEREAL | MAYPO CEREAL | CREAM OF WHEAT | CREAM OF RICE | OATMEAL CEREAL | MAYPO CEREAL | CREAM OF WHEAT | |
| OR COLD CEREAL | OR COLD CEREAL | |
| EGG PATTY | PANCAKES | SCRAMBLED EGG | FRENCH TOAST | CHEESE OMELET | BELGIUM WAFFLE with | SCRAMBLED EGG | |
| WITH CHEESE | BACON | LEMON MORNING CAKE | SAUSAGE PATTY | HOME FRIES | FRUIT TOPPING | HASH BROWN PATTY | |
| ON A CROISSANT | MARGARINE/SYRUP | MARGARINE | MARGARINE/SYRUP | KETCHUP | MARGARINE/SYRUP | DANISH | |
| COFFEE-TEA-2 % MILK | COFFEE-TEA-2 % MILK | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| BEEF AND PASTA SOUP | PUMPKIN SOUP | CREAM OF MUSHROOM | CHICKEN NOODLE SOUP | PORTUGUESE KALE SOUP | MANHATTAN CLAM CHOWDER | TOMATO BISQUE | |
| CHICKEN STEW | HERBED PORK TENDERLOIN | PASTA | SHEPARDS PIE | STUFFED CABBAGE | BAKED CRABCAKE | SALIBURY STEAK | |
| WITH BISCUIT | WITH GRAVY | BOLOGNESE | WITH BEEF GRAVY | WITH MARINARA SAUCE | TATER TOTS | WITH MUSHROOM GRAVY | |
| RICE PILAF | HERBED STUFFING | SLICED ITALIAN BREAD | MASHED POTATO | GARLIC STICK | LEMON & TARTAR SAUCE | POTATOES O'BRIEN | |
| SEASONED BROCCOLI | MIXED SQUASH | ITALIAN BLEND | KERNEL CORN | PRINCE EDWARD BLEND | CUT GREEN BEAN S | MIXED VEGETABLES | |
| LEMON MERINGUE PIE | APPLE CARAMEL CAKE | APPLE CRISP | ASSORTED BROWNIES | STRAWBERRY MOUSSE | FRUITED JELLO W/ TOPPING | TRIPLE CHOCOLATE COOK | |
| COFFEE-TEA-2 % MILK | COFFEE-TEA-2 % MILK | |
| ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | |
| PENNE WITH SPINACH | ITALIAN CHICKEN | BAKED FISH WITH | ITALIAN SAUSAGE | CHEESE RAVIOLI | HAM STEAK | OVEN BAKED | |
| AND ALFREDO SAUCE | BREAST | LEMON SAUCE | WITH PEPPERS & ONIONS | WITH MARINARA SAUCE | WITH PINEAPPLE | CHICKEN KIEV | |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | |
| TURKEY AND SWISS | CHICKEN SALAD | EGG SALAD | SEAFOOD SALAD | ROAST BEEF WITH | PEPPERONI AND CHEESE | CHICKEN TENDERS | |
| WITH HONEY DIJON | ON A SLIDER ROLL | SANDWICH | ON A ROLL | CHEESE, TARRAGON | PIZZA | WITH DIPPING SAUCE | |
| ON MARBLE BREAD | ITALIAN PASTA | ON A ROLL | MACARONI SALAD | MAYO ON A ROLL | TOSSED CEASER | BEET SALAD | |
| PRETZEL TWISTS | SALAD | THREE BEAN SALAD | LETTUCE, TOMATO | LETTUCE, TOMATO & PICKLE | SALAD WITH DRESSING | KETCHUP | |
| LETTUCE, TOMATO & PICKLE | LETTUCE, TOMATO & PICKLE | LETTUCE, TOMATO & PICKLE | & PICKLE | POTATO SALAD | RICE PUDDING | STEAK FRIES | |
| CHILLED FRUIT COCKTAIL | BUTTERSCOTCH PUDDING | ICE CREAM BAR | PINEAPPLE TIDBITS | SPICED DICED PEACHES | WITH WHIPPED TOPPING | MANDARIN ORANGES | |
| COFFEE-TEA-2 % MILK | COFFEE-TEA-2 % MILK | |
| ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | ALTERNATE | |
| CHICKEN PATTY | LOADED BAKED POTATO | DRUNKEN PASTRAMI | BARBECUE | OVEN BAKED | VEGGIE BURGER | EGGPLANT SUB | |
| SANDWICH WITH CHIPS | W/ BROCCOLI | ON A BULKIE ROLL | PORK PATTY SANDWICH | BROCCOLI AND CHEESE | WITH 1000 ISLAND DRESSING | WITH RED SAUCE AND | |
| LETTUCE, TOMATO & PICKLE | CHEESE AND CHILI | WITH A PICKLE | LETTUCE, TOMATO & PICKLE | QUICHE | LETTUCE, TOMATO & PICKLE | PROVOLONE CHEESE | |
| | | | ON THE BACK OF | | LETTUCE, TOMATO & PICKLE | PROVOLONE CHEE | |

SNACKS AND NOURISHMENTS ARE LISTED ON THE BACK OF THE MENU