



# SEPTEMBER 2019



## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**10:00 AM** Exercise & Volley Games  
**2:00 PM** Tarzan Movie-thon & Jungle Trail Mix!  
**2-6 PM** Dementia Program



**LABOR DAY**  
**10:30 AM** Labor Day Best Job Quiz  
**11:20 AM** Lunch Assistance  
**2:00 PM** Cookie Bake  
**2-6 PM** Dementia Program

**9:30 AM** Independent Coffee  
**10:00 AM** Painter Swatch Game  
**11:20 AM** Social Dining  
**2:00 PM** Sewing & Sorting, 1<sup>st</sup> flr  
**2-6 PM** Dementia Program



**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:20 AM** Dining Room Assistance  
**2:00 PM** Bible & Current Events, 3<sup>rd</sup> flr  
**2-6 PM** Dementia Program

**NFL SEASON BEGINS**  
**9:30 AM** Coffee & Name Your Team  
**2:00 PM** Football Party  
**4:20 PM** Relaxation Music & Dining



**10:00 AM** Exercises & Parachute  
**12:00 PM** Fast Food Friday  
**2:00 PM** Yoga with Howard  
**2:00 PM** Crafting, 1<sup>st</sup> flr  
**3:00 PM** Room Visits & Games, 3<sup>rd</sup> flr



**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:00 AM** Lunch Prep  
**2:00 PM** Saturday's Game Time  
**2:00 PM** Double Dice & Color Bingo  
**5:00 PM** Independent Social, 3<sup>rd</sup> flr

**GRANDPARENT'S DAY**  
**9:30 AM** Prayer & Communion  
**10:00 AM** Grandparent's Coffee Cart  
**2:00 PM** Grandparent Cupcake Craft  
**2-6 PM** Dementia Program

**9:30 AM** Coffee & Current Events  
**10:30 AM** Scattogories, 3<sup>rd</sup> flr  
**2:00 PM** Resident Council  
**2-6 PM** Dementia Program  
**3:00 PM** Pigs in a Blanket Day



**9:30 AM** Independent Coffee  
**10:00 AM** Double Up Dice Game, 2<sup>nd</sup> flr  
**2:00 PM** Cards & Horse Racing Games, 1<sup>st</sup> flr  
**2-6 PM** Dementia Program

**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:20 AM** Dining Room Assistance  
**2:00 PM** Bible & Current Events, 3<sup>rd</sup> flr  
**2-6 PM** Dementia Program



**SEAFOOD FEST**  
**9:30 AM** Coffee & Chocolate Cake  
**12:00 PM** Seafood Luncheon  
**2:00 PM** Chocolate Dipped Marshmallows  
**2-6 PM** Dementia Program

**9:30 AM** Tonya & Children to Visit  
**10:00 AM** Exercises & Parachute  
**10:00 AM** Game Time, 3<sup>rd</sup> flr  
**2:00 PM** Birthday Motown Bash with Entertainment by Clarice



**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:00 AM** Lunch Prep  
**2:00 PM** Spring of Life Worship  
**2-6 PM** Dementia Program

**9:30 AM** Prayer & Communion  
**10:00 AM** Anagram for Elderly  
**2:00 PM** Young at Heart Movie  
**2:00 PM** Worship with Pastor John



**9:30 AM** Mexican Hot Chocolate Day  
**10:00 AM** Floral Head Bands  
**2:00 PM** Mariachi Music & Treats  
**2-6 PM** Dementia Program

**9:30 AM** Independent Coffee  
**10:00 AM** Scattogories  
**2:00 PM** Hand Massage & Manicures  
**2-6 PM** Dementia Program



**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:20 AM** Dining Room Assistance  
**2:00 PM** Bible & Current Events, 3<sup>rd</sup> flr  
**2-6 PM** Dementia Program

**9:30 AM** Community Coffee Hour  
**10:00 AM** Visits & Music, 2<sup>nd</sup> flr  
**2:00 PM** Spice Cookie Bake  
**2-6 PM** Dementia Program  
**4:20 PM** Relaxation Music & Dining



**10:00 AM** Exercises & Parachute  
**2:00 PM** Yoga with Howard  
**2:00 PM** Fall Wreath & Flower Craft  
**3:00 PM** Room Visits & Games  
**4:20 PM** Supper Time Assistance

**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:00 AM** Lunch Prep  
**2:00 PM** Saturday's Game Time  
**2-6 PM** Dementia Program



**9:30 AM** Prayer & Communion  
**10:00 AM** Newspaper Review  
**2:00 PM** Sharing Word Search & Art  
**5:00 PM** Quiet Time with Ana

**AUTUMN BEGINS**  
**9:30 AM** Coffee & Apple Treats  
**11:20 AM** Lunch Assistance  
**2:00 PM** Pumpkin Cookie Bake  
**2-6 PM** Dementia Program



**9:30 AM** Independent Coffee  
**9:30 AM** Puppy Visit with Karen  
**2:00 PM** Autumn Flower Craft  
**2-6 PM** Dementia Program



**9:30 AM** Early Bird Bingo, 1<sup>st</sup> flr  
**11:20 AM** Dining Room Assistance  
**2:00 PM** Bible & Current Events, 3<sup>rd</sup> flr  
**2-6 PM** Dementia Program

**9:30 AM** Community Coffee Hour  
**10:00 AM** Room Visits, 2<sup>nd</sup> flr  
**2:00 PM** Dining Out Day  
**2-6 PM** Dementia Program  
**4:20 PM** Relaxation Music & Dining

**10:00 AM** Exercises & Parachute  
**10:00 AM** T-Shirt Doll Creations, 3<sup>rd</sup> flr  
**2:00 PM** Al Testa to Perform  
**4:20 PM** Supper Time Assistance



**9:30 AM** Early Bird Bingo  
**11:00 AM** Lunch Prep  
**2:00 PM** Saturday's Game Time  
**2-6 PM** Dementia Program

**9:30 AM** Prayer & Communion  
**10:00 AM** Shape Up Video, 2<sup>nd</sup> flr  
**2:00 PM** Sweet Cookies  
**2-6 PM** Dementia Program



**9:30 AM** Coffee & Current Events  
**10:30 AM** New England Bingo  
**2:00 PM** Apple Brown Betty Bake & Apple Superstitions  
**2-6 PM** Dementia Program